

<p>PRE-PRIMARY 2:00 +/- 10 sec Max Level 2 to be called for elements with features</p> <p>Components SS, PE</p> <p>IJS Level - Pre-Primary</p> <p>ISA Communication 19</p>	<p>Lifts Max 1</p> <p>One lift selected from Group 1 OR Group 2 Waist Loop Lift</p> <p>Carry type lifts or carry features, variations of position, no-handed, 1-handed, combo lifts and lifts that turn in both directions are NOT permitted</p> <p>Min 1 rev and Max 3 1/2 revs by man</p>		<p>Throw Jump (Optional)</p> <p>Single (Optional)</p>	<p>Solo Jump Max 1</p> <p>Single</p>	<p>Solo Spin Max 1 No change of foot, change of position optional. Min 3 revs in total</p> <p>OR</p> <p>Pair Spin Max 1 No change of foot, no change of position. Min 3 revs in total</p> <p>May not commence with a jump.</p>	<p>Death Spiral or Pivot Figure Spiral Max 1</p> <p>Regular 1-hand to 1-hand hold required.</p> <p>In death or pivot figure position, both partners must execute min 1/2 rev with man in pivot position.</p> <p>Pivot Figure not eligible for features.</p>	<p>Choreographed Sequence Max 1</p> <p>Min 1 spirals by both partners for 3 secs each</p> <p>for a fixed base value</p>
<p>PRIMARY 3:00 +/- 10 sec Max Level 2 to be called for elements with features</p> <p>Components SS, PE</p> <p>IJS Level - ISU Basic Novice Pair</p> <p>ISU Communication 1760</p>	<p>Lifts Max 2</p> <p>Two different lifts of Group 1 to Group 2</p> <p>One arm holds are not allowed (full extension of the lifting arm of the partner is not required).</p> <p>Min 1 rev and Max 3 1/2 revs by man</p>	<p>Twist Lift Max 1</p> <p>Twist Lift (Single)</p>		<p>Solo Jump Max 1</p> <p>Single or Double</p>	<p>Solo Spin Max 1 No change of foot, change of position optional. Min 5 revs in total</p> <p>OR</p> <p>Pair Spin Max 1 No change of foot, no change of position. Min 5 revs in total</p> <p>May not commence with a jump.</p>	<p>Death Spiral or Pivot Figure Spiral Max 1</p> <p>Regular 1-hand to 1-hand hold required.</p> <p>In death or pivot figure position, both partners must execute min 1/2 rev with man in pivot position.</p> <p>Pivot Figure not eligible for features.</p>	<p>Choreographed Sequence Max 1</p> <p>Min 1 spirals by both partners for 3 secs</p> <p>for a fixed base value</p>

<p>NOVICE</p> <p>3:30 +/- 10 sec</p> <p>Max Level 3 to be called for elements with features</p> <p>Components SS, TR, PE, IN</p> <p>IJS Level – ISU Advanced Novice Pair</p> <p>ISU Communication 1760</p>	<p>Lifts Max 2</p> <p>Two different lifts of Groups 1 to 4, one arm holds not allowed. In group 1 and 2 full extension of the lifting arm of the partner is not required.</p> <p>Min 1 rev and Max 3½ revs by man</p>	<p>Twist Lift Max 1</p> <p>Single or Double</p>	<p>Throw Jump Max 1</p> <p>Single or Double</p>	<p>Solo Jump Max 1</p> <p>Single or Double</p>	<p>Pair Spin or Pair Spin Combination Max 1</p> <p>Min 5 revs in total</p>	<p>Death Spiral or Pivot Spiral Max 1</p> <p>If the death spiral is executed, it is marked according to ISU rules.</p>	<p>Choreographed Spiral Sequence Max 1</p> <p>Min 1 spirals by both partners for 3 secs each</p> <p>fixed base value</p>	
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<p>JUNIOR</p> <p>4:00 +/-10 sec</p> <p>IJS Level - ISU Junior Pair</p> <p>ISU Rule 521 2013/14</p>	<p>Lifts Max 2</p> <p>One must be from Group 3 or 4</p> <p>Full extension of lifting arms</p> <p>Min 1 rev and Max 3 1/2 revs by man</p> <p>Only 1 lift may include a carry feature. Carry type lifts (1/2 rotation entry/exit) are permitted, but not included in the allowed number of lifts (transitions only)</p>	<p>Twist Lift Max 1</p> <p>No limit to number of revs</p>	<p>Throw Jump Max 2</p> <p>Different</p>	<p>Solo Jump Max 1</p> <p>No limit on the number of revs</p>	<p>Jump Combination / Sequence Max 1</p> <p>Jump combination may consist of 2 or 3 jumps</p> <p>Jumps executed with more than 2 revs must be of different nature (different name), however the combo or seq can include two same jumps</p>	<p>Pair Spin Combination Max 1</p> <p>Min 8 revs</p> <p>At least 1 change of position by each partner and 1 change of foot by both partners.</p>	<p>Solo Spin Combination Max 1</p> <p>Min 10 revs</p> <p>Change of foot is optional</p>	<p>Death Spiral Max 1</p> <p>When the Death Spiral posn is attained, both partners must execute min 1 rev with man in low pivot posn</p> <p>Variations of arm hold possible</p>	<p>Choreographed Sequence Max 1</p> <p>Must include at least one spiral (not a kick) by each partner of any length, must fully utilize the ice surface. Fixed Base Value</p>
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	Lifts Max 3	Twist Lift Max 1	Throw Jump Max 2	Solo Jump Max 1	Jump Combination / Sequence Max 1	Pair Spin Max 1	Solo Spin Max 1	Death Spiral Max 1	Choreographed Sequence Max 1
SENIOR 4:30 +/- 10 sec IJS Level - ISU Senior Pair ISU Rule 521 2013/14	One must be from Group 3 or 4 Full extension of lifting arms Min 1 rev and Max 3 1/2 revs by man If 2 Group 5 lifts are executed each must have different take- off (Toe, Step, Reverse or Axel type lasso) Only 1 lift may include a carry feature. Carry type lifts (1/2 rotation entry/exit) are permitted, but not included in the allowed number of lifts (transitions only)	No limit to number of revs Take-off may be Toe Loop, Flip/Lutz or Axel	Different	No limit on the number of revs	Jump combination may consist of 2 or 3 jumps Jumps executed with more than 2 revs must be of different nature (different name), however the combo or seq can include two same jumps	Pair Spin Combo Min 8 revs At least 1 chg of posn and 1 chg of foot by each partner (3 revs before and after chg of foot)	Solo Spin Combination Min 10 revs Optional change foot (3 revs before and after change of foot)	Different from the Death Spiral of the short program When the Death Spiral posn is attained, both partners must execute min 1 rev with man in full pivot posn Variations of arm holds and pivot posn possible	Must include at least one spiral (not a kick) by each partner of any length, must fully utilize the ice surface. Fixed Base Value