



Changes to Elementary Dance

The following changes to Elementary Dance were passed at the 2011 ISA AGM; these changes are effective 1st May 2011 for all competitions.

Segments to be skated in Elementary Dance competitions are; 2 x Pattern Dances and Free Dance

Duration of Free Dance: 1:30 mins +/- 10 secs.

Pattern Dance

No change to the Pattern Dances to be skated in competition.

For the 2010/2011 season, the dances from Group 2 are to be skated; Dutch Waltz and Fiesta Tango.

For the 2011/2012 season, the dances from Group 3 are to be skated; Dutch Waltz and Swing Dance.

Free Dance

ISU Rule 610 shall apply except that vocal music is NOT permitted. The use of vocal music shall be considered as a violation of music restriction and penalised as per ISU Rule 653, paragraph 1 n) (ii) and ISU Rule 409, paragraph 1.

Requirements for the music and the costume: as per ISU Communication 1610 and subsequent updates of ISU Communication 1649 (except that music may not be vocal).

A well balanced Free Dance program must contain:

- a) **One (1) Short Lift** (as defined in ISU Rule 604, paragraph 16), chosen from the following Types of Lifts:

- a. Straight Line Lift
- b. Curve Lift
- c. Rotational Lift

In addition, one (1) additional Lift (up to 6 secs) without any requirement for the Level of Difficulty is permitted (provided it is not an Illegal Lift), but only for the first lifts performed will be identified and considered in determining the Level of Difficulty. However if a second lift is performed, it will be considered by the Technical Panel as an extra element.

In case a Stationary Lift is performed as the Lift with a Level of Difficulty, it will be identified by the Technical Panel to occupy a box, given No Value and considered an extra element (element not according to the Well Balanced Program).

- b) **One (1) Step Sequence in hold** of any type of Groups A or B (as defined in ISU Rule 603, paragraph 3).

The restrictions listed in ISU Communication 1610 and subsequent updates of ISU Communication 1649 apply.

- c) **One (1) Set of Synchronized Twizzles** (as defined in ISU Rule 604, paragraph 14 a) and b): only the first set of Synchronized Twizzles skated will be identified and considered for the Level of Difficulty.

The **Dance Spin** is not included in the Required Elements. Nevertheless, a spinning movement skated by the couple together in any hold around common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Levels explanations

For Elementary Dance, in all Required Elements, only features up to **Level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

All **Program Components** are judged with the following factors:

Skating Skills	1.10
Transitions / Linking Footwork / Movements	0.90
Performance / Execution	0.90
Composition / Choreography	0.90
Interpretation / Timing	0.90

Fall Deduction 0.50 per skater.

Authorised by: Lisa Jelinek, Operational Director Technical Regulations
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