



## **Changes to Primary Pair Test**

The following changes to Primary Pair Test were passed at the 2011 ISA AGM; these changes are effective 1<sup>st</sup> May 2011.

Duration of Free Skate: 3:00 mins +/- 10 secs.

### **Free Skate**

A well balanced Free Skate program must contain:

- a) Two different lifts of Group 1 to Group 2, one arm holds not allowed (full extension of the lifting arm of the partner is not required)
- b) One Lutz Twist Lift (Single)
- c) One Solo Jump (Single or Double)
- d) One Solo Spin, no change of foot, change of position optional, min 5 revs  
OR  
One Pair Spin, min 5 revs
- e) One Pivot Figure (if a death spiral is executed it is marked according to ISU rules. In other cases there are no Levels)
- f) One spiral sequence consisting of two (2) spiral positions. The sequence will have a fixed Base value and evaluated in GOE only (Choreographed Spiral Sequence).

**Authorised by:** Lisa Jelinek, Operational Director Technical Regulations  
**Authorisation date:** 1<sup>st</sup> May 2011