SENIOR SINGLES TEST

Candidate: **Venue:**   **Date:**

Number of Judges Required: Two (2)

Requirements: A program consisting of 7 (seven) required elements. The sequence of the elements is optional. The skater is to perform the following elements. The duration of the program is as defined in Rule 501 of the ISU regulations.

Element	Comments	Repeats	GOE
Axel Jump, Ladies: Double, Men: Double or Triple			
Solo Jump, Ladies: Double or Triple, Men: Triple or Quad immediately preceded by connecting steps and/or other comparable free skating movements			
Jump combination Ladies: Double-Double, Double-Triple or Two Triples Men: Double-Triple, Two Triples, Quad-Double/Triple			
Flying Spin, no change foot, no change position, min 8 revs)			
Ladies: **Layback or Sideways Leaning Spin** (no flying entry, min 8 revs) **Men**: **Spin in one position**, (no flying entry, min 6 revs on each foot)			
Spin combination only 1 change of foot and at least 2 change of position (all 3 positions, no flying entry, min 6 revs on each foot)			
Ladies: Step sequence (straight line, circular or serpentine) **Men**: **Step sequence** (straight line, circular or serpentine)			
Program Components Comments			

The jump combination may consist of the same or another double or triple jump. However, the jumps included must be different from the solo jump.

One of the three jump elements must be a triple jump.

Repeat: A maximum of two elements may be repeated twice without music at the Judges' discretion.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be to a **proficient standard** for the level throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -3 or more than two elements have a GOE of -2.

Test Result   Pass ☐   Fail ☐

Judges Name: (please print)   State:

Judges Signature

Probationary Judge Assessment:	Poor	Fair	Good	Very Good	Excellent
(Please tick appropriate box)	☐	☐	☐	☐	☐

Test Referees Signature: